



Success Story

Inspiring Confidence

Rachelle came to JobWave following her completion of the Resident Care Attendant Diploma program. Although there seemed to be many job openings in her field, Rachelle was unsuccessful in securing employment. Through the interview process, Rachelle learned that potential employers were concerned about her ability to withstand the demanding and stressful nature of the job.

After completing the Strengths and Barriers assessment, Rachelle learned that she needed to work on her communication and assertiveness skills.

Together, Rachelle and her Case Coordinator, Debra, developed a Participant Plan that would assist her in overcoming these personal and employability barriers.

Rachelle attended several life skills based workshops including: Assertive Communication, Communicating Effectively, Healthy Relationships with Me and Others and Personal Power/Self Esteem. She also attended Marketing Yourself and Networking, Job Search Tips and Tricks and Customer Service Skills workshops to better prepare her for her job search, interview skills and, ultimately, employment.

Today Rachelle has a new outlook on job search and employment interviews. She says "I have noticed an improvement in how people perceive me now. There is a big difference (from when I first came to JobWave). I have learned how to assert myself without offending. Thanks to Debra and the JobWave staff, I have achieved better skills and confidence to go and get my dream job!"

Region: Prince George
Case Coordinator: Debra Hennig
Number: JW 200
Expiry Date: June 12/2010



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