

Top 10 Things You Should Know About... **ATTITUDE**

1. Attitude affects everything!
2. It can make or break how well you do at your job.
3. It can determine how much money you make.
4. It can determine if you get a promotion.
5. It can determine how your family and friends treat you.
6. YOU are in control of your attitude – no one else.
7. No one can make you feel one emotion or another.
8. It's YOU who decides how something is going to affect you.
9. You can change your attitude in a moment with the right tools.
10. You can chart your destiny by making positive shifts in your attitude.

The way you present yourself to the world is through your attitude. Talk to your Case Coordinator about what workshops can help you improve your attitude and be your best self. Change is always possible!

