

Top 10 Things You Should Know About... **APPEARANCE**

1. It affects everything!
2. It takes less than a minute to make a first impression and the way you look is a huge part of that impression.
3. Your appearance is an extension of your résumé.
4. People make judgments about you based on your appearance long before they talk to you.
5. Your appearance can affect whether or not you get a particular job.
6. It can determine how much money you make.
7. It can determine if you get a promotion.
8. It can determine how others treat you.
9. It doesn't have to cost a lot to look good.
10. Being clean and well groomed in the clothes you have now can make all the difference.

The way you present yourself to the world is through your appearance. If you think your appearance could be making more of a positive impact, talk to your Case Coordinator about what workshops can help you put your best foot forward!

